

# **SHORT COURSE IN BIODYNAMIC HUSBANDRY**

**10 AM to 5 PM**  
**FRIDAYS, MARCH 11<sup>th</sup>, 18<sup>TH</sup>, & 25<sup>TH</sup>, 2011**  
**Puyallup Research & Extension Center, Puyallup Room, Puyallup**  
**and Zestful Gardens, Tacoma**

**SATURDAY, April 9<sup>th</sup>, 2011**  
**S&S Homestead Farm, Lopez Island**

## **CURRICULUM OVERVIEW**

March 11<sup>th</sup>

### **SOIL HUSBANDRY**

- Biodynamic perspective on the history of agriculture and culture
- Soil fertility: contrasting biodynamic and scientific views
- Introduction to the philosophy of natural science and Goethean science
- Preview reading (pp. 1-80): soil life from humus to humans
- Practical farm activity: Goethean observation exercise

March 18<sup>th</sup>

### **CROP HUSBANDRY**

- Review reading (pp. 81-195): crop rotation, cover crops, seed saving
- Goethe's metamorphosis of the plant (sowing exercise)
- Basic polarity of horn humus and horn silica.
- Practical farm activity: application of biodynamic field sprays

March 25<sup>th</sup>

### **ANIMAL HUSBANDRY**

- Review reading (pp. 195-268): pasture management, fodder crops, animal health
- Ecological livestock production
- Goethean animal morphology (clay exercise)
- Practical farm activity: Compost and compost preparations

April 9<sup>th</sup>

### **HUMAN HUSBANDRY**

- FIELD TRIP TO LOPEZ ISLAND
- Review reading (pp. 269-319): landscape, conversion, training, CSA & ASC
- How to Form a Healthy Farm Organism: The Biodynamic Perspective on Economics
- Practical farm activity: farm tour (including farm-produced meals).

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